

Sip-n-Chew

Nutrition Facts	
Serving Size 1 Package. (28g)	
Servings Per Container 30	
Amount Per Serving	
Calories 100	Calories from Fat 10
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 12g	
Protein 0g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrates 4 • Protein 4	

As of: 06/11/09

Extinguisher

Nutrition Facts	
Serving Size 43g	
Servings Per Container 1	
Amount Per Serving	
Calories 160 Calories from Fat 15	
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Total Carbohydrate 37g	12%
Dietary Fiber 0g	0%
Sugars 25g	
Protein 1g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 2%	
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	

As of: 06/11/09

Red Vines

Nutrition Facts	
Serving Size 7 pcs. (40g)	
Servings Per Container About 23	
Amount Per Serving	
Calories 140	
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 60mg	3%
Total Carbohydrate 33g	12%
Sugars 16g	
Protein 1g	
Not a significant source of Vitamin A, Vitamin C, Calcium and Iron	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	

As of: 06/11/09

Sour Punch

Nutrition Facts	
Serving Size Approx. 6 pcs. (40g)	
Servings Per Container About 3	
Amount Per Serving	
Calories 150	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	1%
Total Carbohydrate 34g	11%
Dietary Fiber 1g	4%
Sugars 18g	
Protein 0g	
Not a significant source of Vitamin A, Vitamin C, Calcium and Iron	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	

As of: 06/11/09

Super Ropes

Nutrition Facts	
Serving Size 1 Rope (56g)	
Servings Per Container 30	
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Amount Per Serving	
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Calories 200	
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% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 25mg	1%
Total Carbohydrate 46g	17%
Sugars 29g	
Protein 2g	
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Not a significant source of Vitamin A, Vitamin C, Calcium and Iron	
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*Percent Daily Values (DV) are based on a 2,000 calorie diet.	

As of: 06/11/09

Snaps

Nutrition Facts	
Serving Size Approx. 31 pcs. (40g)	
Servings Per Container About 3	
Amount Per Serving	
Calories 140	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 33g	11%
Dietary Fiber 1g	4%
Sugars 19g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrates 4 • Protein 4	

As of: 06/11/09